

In today's Gospel, Luke tells of Mary's journey to visit with her relative Elizabeth. When the two women greeted each other, Elizabeth cried out in a loud voice, "Most blessed are you among women and blessed is the fruit of your womb. Blessed are you who believe that what was spoken to you by the lord would be fulfilled.

Mary and Elizabeth both had great faith. Mary did not fully understand what God was asking of her. Yet, she trusted God would take care of her and would provide all she needed to fulfill His plan.

Today, we celebrate the Feast of Our Lady of Guadalupe, when Mary appeared to Juan Diego in the year 1531. Juan did not fully understand what Our Lady was asking of him. But, he had faith. He knew she would intercede for him that God would provide all he needed to fulfill His plan.

Faith is really a gift that God gives us. In *Discovering Christ*, I met so many people who have a deep faith in the Holy Spirit. They shared personal stories of how Christ has worked in their lives. In my own personal life, I have a very simple prayer that I pray to begin each day. I pray, "Please God, guide me in everything I do today."

I have faith that whatever I lay before the Lord, He will provide what I need. I just have to ask Him. This Advent, let us take the time to share our faith with others through our generous actions!